

MAY 2025

A MMH MINUTE

The monthly newsletter for Mike Mountain Horse
Elementary School



PRINCIPAL'S MESSAGE

We are in the home stretch and beginning quite possibly the busiest time of the year for elementary schools! The month of May is an exciting time for students. As the weather improves, students have more outdoor learning time to look forward to both in and out of school. Please ensure students are dressed for the weather as we spend additional time on the playground and learning outdoors. This is also the time of year that more and more classes participate in field trips and out of school activities. Please ensure you are checking emails, DOJO and the school website for up to date information as well as checking student agendas for permission forms and information about special days coming up for the rest of the month! Here we go . . .

Kerry Taylor, Principal

Upcoming Events

May 5: Skipping Club begins

May 8: Grade 1 Travelling Lab Coats

May 9: Grade 5s Tour G.S. Lakie Middle School

May 12: Grade One Travelling Lab Coats Presentation

May 13: School Council Sponsored Kona Ice for all

Mrs. Lowe and Mrs. McNally Field Trips to Fort Whoop Up

May 14: Mrs. Lacanilao and Mrs. Fisher Grade One Field Trips to Fort Whoop Up

MMH Spirit Book Club 3:50pm Learning Commons

G.S. Lakie Administration visits MMH

May 15: Decades Day

May 16: Grade 5 Comic Con in Learning Commons

May 19: Victoria Day - No School

May 20: School Based PL - No School for Students

May 21: Digital Wellness Day

G.S. Lakie Guitar Show 10:15 Gym

Mrs. Kubik and Mrs. Payne Field Trip to Devil's Coulee

Grade 4 Human Growth and Development

May 22: Mr. Abel, Mrs. Dato, Miss Wills Field Trip to Devil's Coulee

Spirit Assembly - TRUTH - 9:00am in gym

Grade 4 Human Growth and Development

Grade 2 STEM day with Lethbridge Polytechnic

May 27: Tu/Th Kinder, Gr. 1, 2, 3 Hot Lunch

May 28: M/W Kinder, Gr. 4, 5 Hot Lunch

Final MMH Spirit Book Club

May 29: Welcome to Kindergarten 6:00 - 7:00pm

May 30: Grade 1 Plant Shop

Grade 2 Zoo Exhibition



2025-2026 Registrations

Mike Mountain Horse Elementary school continues to accept new and returning student registrations. Parents of students currently registered in Lethbridge School Division will receive notification from your child(ren)'s school with instructions for registration using PowerSchool.

To register for kindergarten, students **MUST** be five years old as of December 31, 2025. Registrations can be completed online and emailed to the school. MMH will be offering full day Monday/Wednesday, scheduled Fridays or full day Tuesday/Thursday, scheduled Fridays kindergarten programs. Please register as soon as possible.

MMH School Council & Friends of MMH Society

Our next School Council meeting will be held at 6:30 pm on June 5, in the art room. Everyone is welcome to join! This is a fantastic opportunity to find out about all the exciting things happening in the school. As we head into the very busy last few months of school, this is the best way to find out all the exciting things that are happening and how you can be involved in your child's education!

School Travel Planning Project

We're excited to announce that Mike Mountain Horse Elementary School is launching a School Travel Planning initiative in partnership with the City of Lethbridge to make the journey to and from school safer, healthier, and more enjoyable for everyone in our school community. Each family should have received an information letter via school messenger, providing additional information, as well a family survey link. If you are interested in being a part of the Travel planning committee, please email kerry.taylor@lethsd.ab.ca indicating your interest!

Welcome To kindergarten

Mike Mountain Horse Elementary School is excited to invite all of our new Kindergarten students and their families to a "Welcome to Kindergarten" event on Thursday, May 29 from 6:00pm - 7:00pm in the school gym. This is a great opportunity for students to meet the kindergarten teachers, visit the kindergarten classrooms and engage in some family fun activities. Please watch your email for more information.

Seven Sacred Teachings



Our Sacred Teaching for April focused on WISDOM.

Congratulations to our students who were recognized for demonstrating Wisdom. This month our teaching will focus on TRUTH. Students are recognized at our school-wide Spirit assemblies. Students recognized for Truth demonstrate the following:

- Speaks only the truth
- Practices justice by investigating the truth for themselves
- Doesn't let others tell them what to think
- Can tell the difference between fact and fantasy
- Admits it when they have made a mistake
- Knows they are enough – doesn't exaggerate or deceive or impress others

Lost and Found

We have **A LOT** of lost and found "no-name" items that we would like to match up with their owners. Families are asked to stop by the school and check the lost and found for any missing items. Tables will be set up in the front foyer until Friday, May 9 at 12:00 at which time all remaining items will be bagged and donated to community charities. Teaching staff will also take a few moments to walk students to check for lost items. Thank you!

Bike and Scooter Safety

As the weather continues to warm and students begin riding bikes and scooters to and from school, please help them to remember the following safety tips:



- Wear a helmet every time you ride, even if you're going for a short ride.
- Always ride with your hands on the handlebars.
- Walk your bike across the busy intersections using the crosswalk.
- Ride with your head up, being aware of traffic.
- Walk your bike on school property.
- Lock your bike or scooter in designated areas.



Respecting School Spaces

As we move towards the end of the school year, we are seeing an increase in damage to school spaces, specifically students washrooms. Graffiti inside the bathroom stalls and more recently on the outside of the building are creating a tremendous amount of work and extra time by school staff to remove the drawings and writing. Please take a moment to talk with your child about the importance of keeping our school safe, clean and well taken care of – this is everyone's job. Thank you for your support.

MMH Wellness Corral



Worry-Free Gallops—Managing Anxiety

Teach your child to manage their worries like a rider handling a calm, steady horse. Create a "worry box" where they can write down and place their worries. Review the box together weekly, discussing solutions and ways to handle their concerns. This practice helps them feel more in control and less anxious.

Hello Volunteers!

We appreciate you spending time with our students. Community supports are what make Mike Mountain Horse such a great place to be! If you are interested in volunteering, here are a few reminders:

- All volunteer opportunities must be pre-arranged with the classroom teacher
- Please ensure you have completed The Lethbridge School Division Volunteer form and submit it to the office
- Please check in with the office and let our staff know you are here and who's class you will be volunteering in.
- Thank you for signing out in the office at the end of your visit.
- If you are in need of a criminal record check for a school trip, please get stop by the office so we can help you reduce the cost!

Thank you for your gift of time!

Upcoming Field Trips

Please watch for information from your child's teacher about upcoming field trips. If permission forms are not returned to school indicating your consent for your child to participate, students will be required to remain at school. Students who arrive after classes have left the building will also remain at the school for the duration of the field trip. Please check your child's agenda, DOJO and email for this important information.

May 13- 9:00am - Mrs. Lowe's class to Fort Whoop Up

12:30pm - Mrs. McNally's class to Fort Whoop Up

May 14- 9:00am - Mrs. Lacanilao's class to Fort Whoop Up

12:30pm - Mrs. Fisher's class to Fort Whoop Up

May 21- 8:30am Mrs. Kubik and Mrs. Payne to Devil's Coulee

May 22- 8:30am Mrs. Dato, Miss Wills and Mr. Abel to Devil's Coulee

May 29- 9:00am All grade 4s to Galt Museum and Fort Whoop Up

Community Connections



LCI XCOUNTRY PRESENTS:
DONUT DASH

PRIZES! ACCESSORIES! DONUTS!

3K Run/Walk with 2 Donut Stations!

TUESDAY, MAY 13, 2025
KINSMEN PICNIC SHELTER
HENDERSON LAKE PARK

REGISTER NOW!

THANK YOU TO OUR SPONSORS!

gowest BILLBOARDS

RUNNERS SOUL
INSPIRING YOU FOR THE RUNNER'S SOUL

Sun Dental GROUP

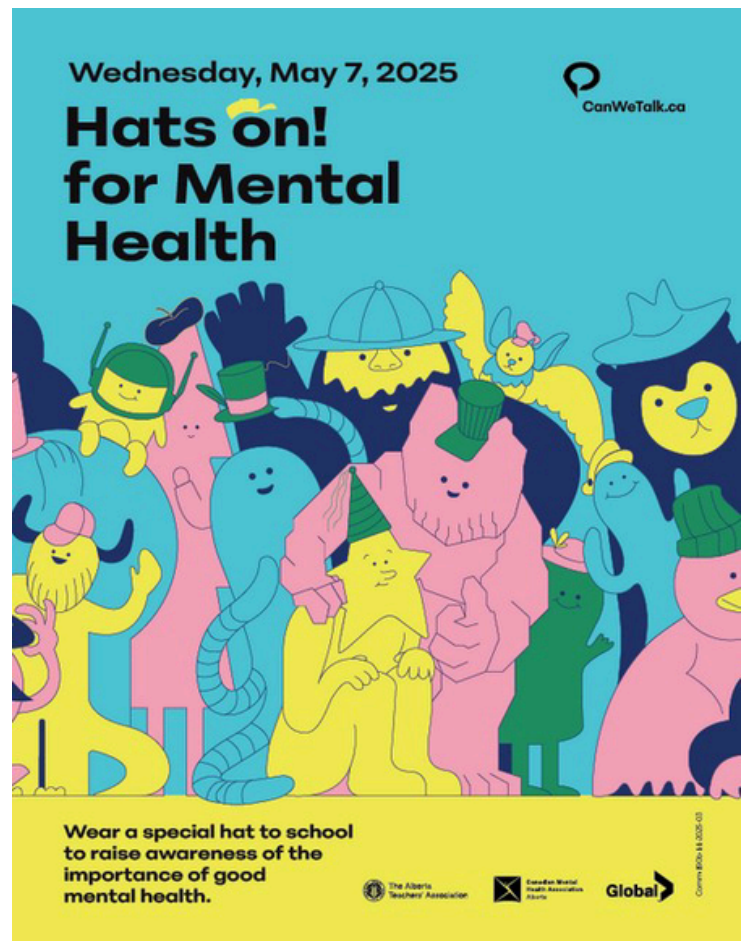
STOKES Pharmacy

SPORTS MEDICINE

LCI
PRO SOLA ET PRO PATRIA

KONATGE IS COMING!

QR CODE



Wednesday, May 7, 2025

Hats on! for Mental Health

CanWeTalk.ca

Wear a special hat to school to raise awareness of the importance of good mental health.

The Alberta Teachers' Association

Canadian Mental Health Association

Global

Comm 809-14-0025-03