

MHCB'S SUMMER FUN CALENDAR

Alberta Health
Services
Mental Health
Capacity Building

Lethbridge
SCHOOL DIVISION

MHCB Wellness Team

Learn more
about MHCB:



Instagram: MHCBLTHSD
Facebook: MHCBLTHSD
Twitter: WELLNESS51



July 2023

Tue	Wed	Thu
4 Henderson Lake Park 10AM-1PM	5 Henderson Lake Park 3PM-6PM	6 Gyro Park 1507 10a Ave S 10AM-1PM
11 Wilson Middle School 10AM-1PM	12 Wilson Middle School 3PM-6PM	13 Legacy Park 10AM-1PM
18 Nicholas Sheran School Park 10AM-1PM	19 Nicholas Sheran School Park 3PM-6PM	20 SJF Middle School Skate Park 10AM-1PM
25 Lakeview Elementary 10AM-1PM	26 Lakeview Elementary 3PM-6PM	27 Nicholas Sheran Spray Park 10AM-1PM

August 2023

Tue	Wed	Thu
1 Senator Buchanan School 10AM-1PM	2 Senator Buchanan School 3PM-6PM	3 Westminster Pool 10AM-1PM
8 Coalbanks School 10AM-1PM	9 Coalbanks School 3PM-6PM	10 Crossings Park 10AM-1PM

FREE AND FUN OUTDOOR ACTIVITIES!

Tuesdays & Wednesdays MHCB will be joining our community partners for a larger event. Check out buildingbrains.ca/events for updates on these days. On Thursdays you will find the MHCB team & Building Brains offering hands-on activities with some fun goodies to take home. Find us on Facebook for updates!