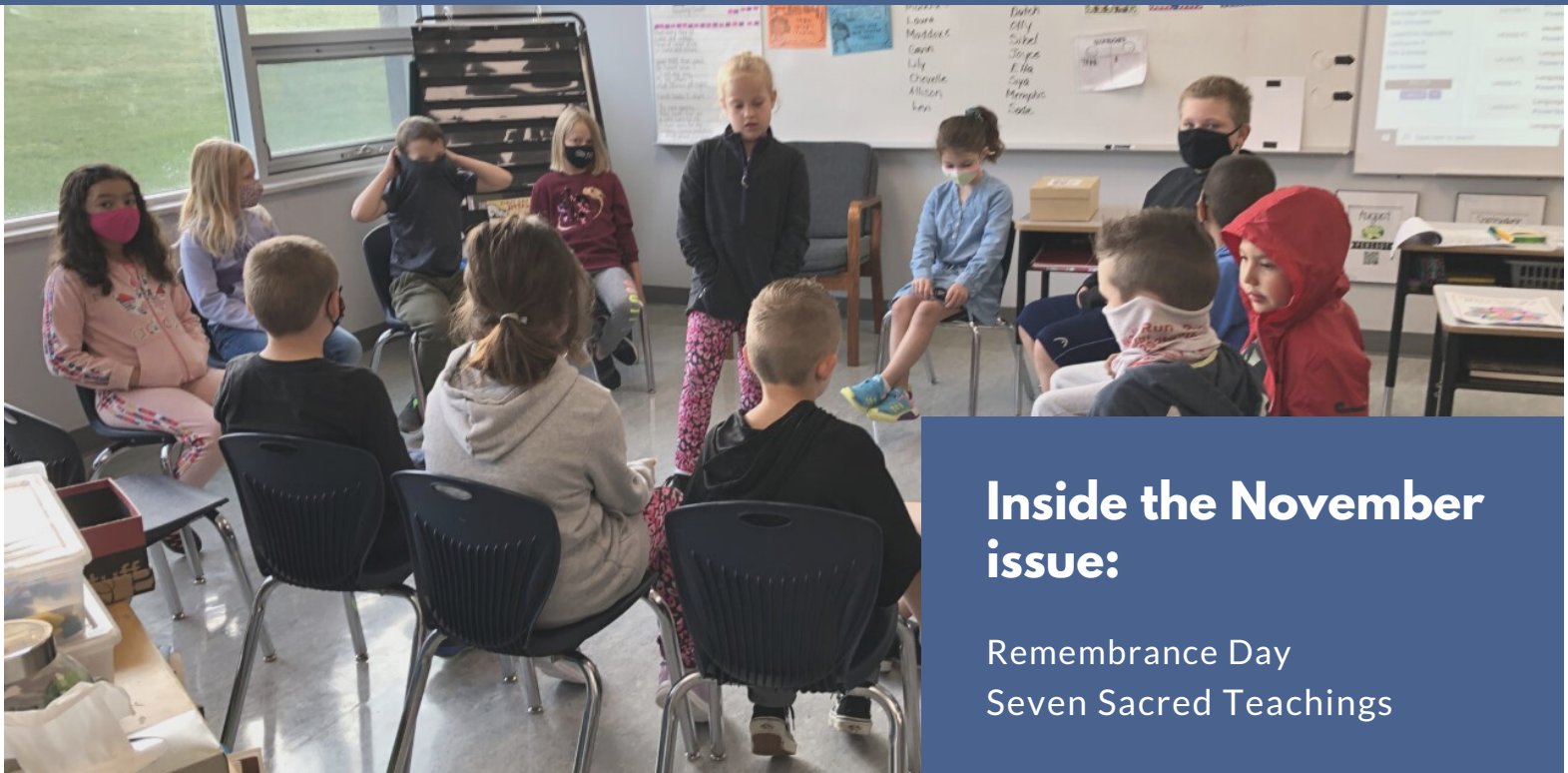


NOVEMBER 2021

A MMH MINUTE

The monthly newsletter for Mike Mountain Horse
Elementary School



Inside the November issue:

Remembrance Day
Seven Sacred Teachings

PRINCIPAL'S MESSAGE

Welcome to the first edition of our new school newsletter "A MMH Minute". We hope you will find it informative and help keep families connected to what is happening in our school!

Please find some upcoming events for the month of November!

Kerry Taylor

IMPORTANT DATES

November 9: School Council 7:00pm
November 10: Remembrance Day Assembly
November 11: Remembrance day - NO SCHOOL
November 12: NO SCHOOL
November 15-16: Kindergarten Parent Teacher Interviews
November 16: Roc Your Mocs
November 24: Superhero Day
November 26: Report Cards Available online

Remembrance Day



Mike Mountain Horse will be hold our Remembrance Day Assembly on November 10, 2021. Our assembly will be prerecorded and each class will watch the assembly in their individual classrooms at 9:30. As a school, we will honor the memory of those who fought and continue to fight for our freedoms with a school wide minute of silence at 11:00am.

October Spirit Assembly

Congratulations to Mrs. Neilson's grade two class for winning October Spirit Cup! Mrs. Neilson's class showed their school spirit by dressing up on Blue & Gold day! This month's Spirit Cup will be awarded to the class with the most superheros on November 24's Superhero day!

Seven Sacred Teachings



Our Sacred Teaching for October focused on RESPECT.

Congratulations to all of our students who were recognized for demonstrating respect. This month our teaching will focus on COURAGE.



Roc Your Mocs



Rock your Mocs is a Nation wide day of recognition, awareness, and appreciation for traditional Indigenous culture and in particular traditional footwear; Moccasins. Mike Mountain Horse will be celebrating Roc Your Mocs on November 16th. If you don't have Moccasins, you can wear a turquoise ribbon to show support.

Report Cards

November 26th

Report cards will go live on Powerschool at 9:00am on November 26th. We will not be sending home paper copies. If you need assistance setting up your account to view your child's report card, please contact the office.

Reminders for Families

Now that we have all settled into our daily routines, we would like to remind families of a few important things:

- School starts at 8:00am. Please try to get kids to school on time each day so they don't miss valuable learning opportunities.
- ALL students must wear a mask entering /exiting the building and in all common areas of the school (Learning Commons, bathrooms, music room). Please make sure your child has a few masks in their backpack. Children who do not have masks will call home asking for one to be delivered.
- Please use the AHS Daily Checklist each day, before sending your child to school
- As the weather cools off, please make sure students are dressed for the weather. All students go outside for up to 30 minutes each day. The only time we have indoor recess is if temperatures drop to -20 degrees Celsius.

Little Caesars Pizza Fundraiser



Thank you to everyone who supported our Little Caesars Pizza Fundraiser! Orders will be available for pick up the week of November 15th. Please watch for more information on an exact date and how pick up procedure will work!

"The Loop"



Hello, Lethbridge School Division students, staff and families!...and community partners.

We are living in tough times and we are fortunate to live in a community that provides a multitude of services to support you or someone you care about. THE LOOP is intended to connect Lethbridge School Division students, staff and families with: learning opportunities, mental health and wellness supports, community based programs and activities, scholarship application information, post-secondary connections and other community family support initiatives. If you would like to submit information for THE LOOP, please email kathy.mundelle@lethsd.ab.ca



Nov 4 Real Talk: Break the Cycle of Domestic Violence 6:30-8:00 PM
Nov 6 Super Dads Super Kids 10:00 AM-11:30 AM
Nov 13 Stress and Healthy Coping: Helping Youth Address Their Stress 11:00 AM-12:30 PM
Nov 15 Stress and Healthy Coping: Helping Youth Address Their Stress 6:30 PM-8:30 PM
Nov 17 Supporting LGBTQ2S: Children and Youth: A Workshop for Parents and Family Members 11:00 AM-1:00 PM
Nov 17 Dare to Care: Bully Proofing your Child 6:30 PM-8:00 PM
Nov 18 Juno House presents: Healthy Brains - Healthy Children 11:00 AM-12:30 PM
Nov 18 Screen time: The Good, the Bad & the Ugly 6:30 PM-8:30 PM
Nov 22 Kids Have Stress Too 6:30 PM-8:30 PM
Nov 23 Children's Mental Health During the COVID-19 Pandemic: Strategies for Parent and Child Wellbeing 1:00 PM-2:30 PM
Nov 24 Mental health for highly sensitive teens: unique struggles for these emotional feelers 1:00 PM-2:30 PM
Nov 24 There's no mental health without spiritual health 6:30 PM-8:00 PM
Nov 25 2E Gifted Children: Covid-19 & Well-Being 6:30 PM-8:00 PM
Nov 29 Managing the Holidays through Mindfulness: Supporting Your Child's Social and Emotional Well-being 1:00 PM-3:00 PM
Nov 30 Understanding and Using Mental Toughness to Enhance Performance: When Toughness is Really NOT About Being "Tough" 6:30 PM-8:00 PM
Dec 2 Giving the gift of knowledge - Your guide to saving for a child's post-secondary education 6:30 PM-8:00 PM
Dec 13 Burnout & Boundaries During Covid 10:30 AM-12:00 PM



As a school community, it is important for us to be familiar with the many ways our city and local community is able to support us. THE LOOP is intended to connect Lethbridge School Division students, staff and families with: learning opportunities, mental health and wellness supports, community based programs and activities, scholarship application information, post-secondary connections and other community family support initiatives. Please visit the website to access the complete November edition of THE LOOP.

Thank you!

Thank you for your ongoing support. We appreciate you!