

THE LOOP

OCTOBER 2020



MHCBC Wellness Team





Hello, Lethbridge School Division!

Welcome to the first edition of THE LOOP! Our school and community partners provide ongoing supports and services to our families. The purpose of this newsletter is to share what supports are available in our wonderful city! THE LOOP will provide you with snapshots of professional development opportunities, community partner updates, child and youth community activities and referral information.

We hope THE LOOP helps you to stay informed.

Stay Connected!



SCHOOLGUIDE

Download the latest reminders, news, events and emergency alerts for your child's school.



Your source of community, health, social and government services and programs in Southern Alberta.

Virtual Professional Development

The **Connections Project** is a positive mental health initiative to support staff and students. In collaboration and under the leadership of Dr. Jody Carrington. The project has focused on building a common understanding around attachment theory, emotional regulation and relationship building.



[CLICK HERE](#)

Community Partner Support Highlights



[CLICK HERE](#)



Boys & Girls Club
of Lethbridge & District

[CLICK HERE](#)



[CLICK HERE](#)



[CLICK HERE](#)

**Need
Support?**





The Lethbridge Public Library is excited to announce that they will be offering no fee library cards for the remainder of 2020.

[CLICK HERE](#)



Attention students in Grade 12...

Please be aware of the recent changes to the Lethbridge School Division's Counselling Model. Career Practitioners are no longer a part of high school counselling teams.

Please visit our Division's Career Services Page for updated information about.

- career planning and preparation
- scholarships (watch for deadlines)
- events
- University Virtual Open Houses and Tours
 - U of Calgary October 21, 2020 4:00-5:00



[CLICK HERE](#)

Career Services Page



Check out our growing website full of mental health resources and activities. for home and school.

<https://www.mhcb lethsd.com>

[f @supportingfamilywellness](#)

[CLICK HERE](#)

Attention Teachers



[CLICK HERE](#)

Join Christina Harvey for a Free 30 minute 'Lunch and Learn' Registration Deadline: Monday September 29, 2020

FREE

FOR TEACHERS: Christina will take you through the 'Top 3 Resources' that Alberta Health Services personnel turn to when their support for assistance is requested. Christina Harvey, the session facilitator is all too familiar with the stressors our children are facing and is looking forward to spending this time with you. Follow the link to register.

THE EMBODIMENT CONFERENCE
14th - 25th October 2020, Online

FREE

Come home to your body.

Free access to world-class teachers, practical tools for times of turmoil, and a supportive global community



FAMILY RESOURCE NETWORK - LAUNCH EVENT

PLEASE JOIN US & MEET SERVICE PROVIDERS WORKING TOGETHER TO OFFER INCLUSIVE AND ACCESSIBLE FAMILY SERVICES

THURSDAY
OCTOBER 8
2020

3-6 pm

Meet us at the Southern Alberta Ethnic Association for an afternoon filled with family fun, information, door prizes, and snacks!

SAVE THE DATE



Sign up for the Lethbridge Family Service News Letter to stay up to date on supports and groups.

For more information, contact
LFS Counselling Intake:

[403-327-5724](tel:403-327-5724)

CounsellingIntake@LFSFamily.ca

[CLICK HERE](#)